

NIAGARA WATERS SPA SERVICE MENU

**Indicated services are limited, please call for availability*

HAND TREATMENTS

Express Manicure (30min) (shape & polish or buff or cuticle work)	\$7.00
Sweetheart Manicure (30-45 min) (10 years old and under – soak, shape & polish, massage, 2 nail gems)	\$10.00
Manicure (1-1 ¼ hr) (hand & nail care, massage, polish)	\$14.00
Spa Manicure (1 1/4 – 1 ¾ hr) (hand & nail care, citrus exfoliation, massage, paraffin treatment, polish application)	\$18.00

FOOT TREATMENTS

Express Pedicure (30-45 min) (shape & polish or buff or cuticle work)	\$12.00
Sweetheart Pedicure (30-45 min) (10 years old and under – clip, shape & polish, massage, 2 nail gems)	\$15.00
Pedicure (1 – 1 ½ hr) (foot and nail care, massage, polish)	\$25.00
Spa Pedicure (1 1/2-2 hrs) (foot and nail care, exfoliation, massage, choice of paraffin or cream mask, polish application)	\$30.00
Reflex Point Pedicure (1 1/2-2 hrs) (nail & foot care, reflexology style massage, polish)	\$30.00
Hot Stone Pedicure (1 1/2-2 hrs) (foot & nail care, hot stone massage, polish)	\$30.00

ADD ONS

French Polish (15 min) (add French Tip polish to any natural nail treatment)	\$2.00
Gemstones (per stone) (add some sparkle to your nails)	\$0.30
Nail Mend (15 min) (repair broken and split nails)	\$3.50 per nail
Upgrade to an invigorating whirlpool foot bath and/or chair massage (excluding hot stone pedicure)	<i>Whirlpool only</i> \$6.00 <i>Whirlpool and Chair Massager</i> \$12.00

ARTIFICIAL APPLICATIONS

* Protective Gel Overlays (1-1 ½ hr) (strengthen, protect and promote growth of natural nails) <i>French or Coloured Overlays</i>	\$18.00 \$6.00 extra
* Nail Fills (1-1 ½ hr) (maintain gel overlays every two weeks) <i>Clear</i> <i>French</i> <i>Coloured</i>	\$16.00 \$19.00 \$21.00
* Gel Removal (1 hr)	\$15.00

MASSAGE TREATMENTS

* Full Body Swedish Massage (1 hour) (relaxing Swedish Body Treatment soothes muscles)	\$35.00
* Back Massage (30 min) (relaxing Swedish Back Treatment soothes back muscles)	\$20.00
* Hot Stone Massage (1 ½ hr) (relaxing massage using hot stones to soothe and melt stress and tension away)	\$45.00

FACIAL TREATMENTS

"All of our facial treatments use professional Dermalogica skin care products specifically chosen for your personal skin care needs"

Basic Facial (1 -1 ½ hr) \$21.00
(cleanse, exfoliate, customized treatment mask)

Advanced Treatment Facial (1 1/2-2 hr) \$30.00
(cleanse, exfoliate, extractions, treatment serums, massage, customized treatment mask)

CLINICAL TREATMENTS

Acne Treatment (1 - 1 ½ hr) \$25.00
Deep cleanse, exfoliation, extractions, treatment mask.

* **Glycolic Peel** (30-60 min) \$30.00
Treatment to deeply clean pores, smooth superficial lines and promote collagen, finish with protective cream or soothing mask; Used as a maintenance to other treatments.

* **Glycolic Peel – Series of 6** (1 hr each) \$150.00
Recommended for sun-damaged skin to improve skin colour, lighten pigmentation spots and soften fine looking lines, exfoliate, regenerate and improve the signs of aging.

* **Glycolic Facial** (1 ½ - 2 hr) \$50.00
Our Advanced Treatment Facial with a glycolic peel incorporated into the treatment. Smooth away superficial lines and promote collagen and elastin formation all while enjoying a relaxing treatment facial.

* **Microdermabrasion – Series of 6** (45 min-1 hr each) \$300.00
Most visible results are seen when treatments are done frequently.

LASH AND BROW TINTING

Eyebrow Tint (15 min – ½ hr) \$7.00
(colour and define your eyebrows for up to four weeks)

Lash Tint (1/2 – 1 hr) \$14.00
(define your eyelashes without mascara for up to four weeks)

Brow & Lash Tint Combo (1/2-1 hr) \$18.00
(both lashes and brows are tinted at the same time)

MAKE UP

Makeup Application (30 min – 1 hr) \$20.00
(reveal the most beautiful you with a professional's touch)

HAIR REMOVAL

"All of our hair removal treatments are performed using soft or hard wax"

Eyebrow Cleaning (15-45 min) \$7.00
(maintain neat and tidy eyebrows)

Eyebrow Shaping (30-60 min) \$12.00
(create beautiful eyebrows suited to your face and style)

Upper Lip (15-30 min) \$7.00

Chin/Face 15 min – 1 hr) \$5.00 - \$12.00

* **Lower Leg** (30 min) \$15.00

* **Upper Leg** (30 min) \$15.00

* **Bikini** (15min) \$10.00 and up

* **Under Arms** (15 min) \$8.00 and up

* **Arms** (30min) \$14.00 and up

* **Fingers, Toes and Feet** (15 min) \$6.00 and up

PACKAGES

Tranquil Waters \$60.00
(advanced Facial, Swedish massage)

Niagara Escape \$56.00
(manicure, pedicure, basic facial)

Relaxation Falls Over You \$73.00
(spa manicure, reflex pedicure, advanced facial)

Party Perfect \$32.00
(manicure with 2 gemstones, makeup application)

Triple Treats
Create your own spa package by combining any three services and we'll give you 7% off the total value.

Girls Day Out
Book any of our above spa packages for you and two or more friends and you will receive an additional 5% off the total package price.

*** Please note: a deposit may be required for groups**